




PARK LIFE CAFÉ SUTTON BANK | EAT IN OR TAKEAWAY

BREAKFAST & BRUNCH

SUTTON BANK'S MOST BELOVED

- Full English Breakfast** (775kcal)  **£10.75**
Smoked bacon, Thornton's Butchers sausage, grilled tomato, roasted mushrooms, baked beans, fried egg and toasted bloomer
- Plant-Based English Breakfast (VE)** (528kcal) **£9.75**
Grilled tomatoes, roasted mushrooms, baked beans, vegan sausages, smashed avocado and toasted bloomer
- Avocado Crush with Marinated Tomatoes on Toast with Chilli Flakes and Lime (VE)** (337kcal) **ADD POACHED EGG +£1.20** **£7.50**

SOMETHING TO GO & BREAKFAST CLASSICS

- Smoked Bacon Sandwich** (324kcal)  **£6.25**
Smoked bacon in a Stonehouse Bakery Bomb
- Grilled Sausage Sandwich** (409kcal)  **£6.50**
Sausages from Thornton's Butchers on a Stonehouse Bakery Bomb
- Plant-Based Sausage on Brioche Bun (VE)** (546kcal) **£6.95**

***ALSO AVAILABLE ON WHITE BLOOMER BREAD**

UPGRADE/CUSTOMISE YOUR SANDWICH BY ADDING ADDITIONAL INGREDIENTS OF YOUR CHOICE

- Eggs on Toast, Your Way (V)** (398/308/308kcal)  **£5.45**
Fried, poached or scrambled eggs sourced from Manor Farm in Thirsk on toasted white bloomer
- Toast and Butter** (White 203kcal | Brown 183kcal) **£1.95** **+JAM £2.95**
- Toasted Local Tea Cake (V)** (420kcal)  **£3.50**

HAVE IT YOUR WAY

- Smoked Bacon** (81kcal) **+£1.50** | **Local Sausage** (213kcal) **+£2.50**  | **Baked Beans** (64kcal) **+£1.00**
- Plant-based Sausage** (76kcal) **+£1.95** | **Poached/Fried Egg** (100/218kcal) **+£1.20**  | **Roasted Mushroom** (9kcal) **+£1.50** 
- 1/2 Tomato** (13kcal) **+£1.00**  | **Scrambled Egg** (171kcal) **+£3.50** 
- Honey** (81kcal), **Jam** (76kcal), **Marmalade** (75kcal) **+£1.00**



THIS DISH INCLUDES INGREDIENTS SOURCED FROM LOCAL SUPPLIER(S)

PLEASE LET US KNOW OF ANY ALLERGENS AND/OR INTOLERANCES

DISHES MAY BE COOKED IN EQUIPMENT THAT HAS BEEN EXPOSED TO OTHER ALLERGENS. PLEASE ASK FOR MORE INFORMATION. ADULTS NEED AROUND 2,000 CALORIES PER DAY.