

CHILDREN'S MENU

Fish Goujons and Chips (401kcal)	£6.50
Chicken Goujons and Chips (453kcal)	£6.50
Sausage, Beans and Chips (VEOA) (646kcal)	£6.00

HOT DRINKS

COFFEE

	SMALL	REGULAR
Latte (78/85kcal)	£3.05	£3.55
Cappuccino (68/75kcal)	£3.05	£3.55
Americano (9/18kcal)	£2.75	£3.25
Mocha (212/255kcal)	£3.60	£4.15
Espresso (9/18kcal)	£2.35	£2.55
Life Café™ Flat White (41/75kcal)	£3.25	£3.75

CHOCOLATE, CHAI & MATCHA

Hot Chocolate (229/269kcal)	£3.35	£3.85
Chai Latte (147/243kcal)	£3.05	£3.55
Matcha Latte (108kcal)	-	£4.10

TEAS

Clipper Tea	£2.50
Decaf	£2.50
Specialty	£2.80

BABYCCINO

Milk Babyccino (37kcal)	£0.75
Chocolate Oreo (125kcal)	£1.95

COLD DRINKS

ICE CREAM MILKSHAKES

Banoffee Milkshake (408/479kcal)	£4.45	£5.15
Chocolate Milkshake (364/490kcal)	£4.45	£5.15
Vanilla Milkshake (253/342kcal)	£3.95	£4.95
Strawberry Milkshake (401/428kcal)	£4.45	£5.15
Life Café™ Coffee (253/342kcal)	£4.45	£5.15
Oreo Milkshake (408/479kcal)	£4.70	£5.45

INFUSED LEMONADES

Classic Cloudy (48kcal)	£4.50
Sparkling Summer Berry (72kcal)	£4.95
Pineapple and Mango Punch (116kcal)	£4.95

ICED DRINKS

Mango & a Hint of Lime Smoothie (134/167kcal)	£3.95	£4.95
Iced Latte (63/114kcal)	£3.95	£4.95

COMMITMENT
TO COMMENDABLE
COFFEE

We'll remake any
drink that doesn't
deliver 100%
satisfaction



UPGRADE
TO SOYA
MILK FOR FREE!
OAT AND
COCONUT
+£0.50



NEW

STARS OF STOKEY

Full English Breakfast (750kcal)	£9.50
Smoked bacon, grilled sausage, grilled tomato, roasted mushrooms, baked beans, fried egg and toasted bloomer	
Plant-Based English Breakfast (VE) (622kcal)	£9.50
Grilled tomatoes, roasted mushrooms, baked beans, vegan sausages, smashed avocado and toasted bloomer	
Avocado Crush with Marinated Tomatoes on Toast with Chilli Flakes and Fresh Lime (VE) (296kcal)	£6.95
Scrambled Eggs on Toast (V) (White 372kcal Brown 261kcal)	£5.45

SOMETHING TO GO & BREAKFAST CLASSICS

Smoked Bacon on E5 Bakehouse Sourdough (480kcal)	£6.00
Grilled Sausage on E5 Bakehouse Sourdough (661kcal)	£6.50
Plant-based Sausage on Brioche Bun (VE) (546kcal)	£6.50

ALSO AVAILABLE ON WHITE BLOOMER BREAD

Toast and Butter (V) (White 276kcal Brown 249kcal)	£1.95	+JAM £2.95
Toasted Tea Cake (V) (624kcal)	£1.95	

LOADED CROISSANTS

Avocado, Guacamole and Tomato (VE) (387kcal)	£4.25
Ham and Cheese (431kcal)	£4.50
Bacon, Cheese and Tomato (494kcal)	£4.75

HAVE IT YOUR WAY

Bacon (81kcal) **+£1.50** | **Sausage** (172kcal) **+£1.95** | **Baked Beans** (64kcal) **+£1.00**
Plant-based Sausage (76kcal) **+£1.95** | **Roasted Mushroom** (9kcal) **+£1.50**
1/2 Tomato (13kcal) **+£1.00** | **Scrambled Eggs** (171kcal) **+£3.50**

Honey (81kcal), **Jam** (76kcal), **Marmalade** (75kcal) **+£1.00**

**AVOCADO
CRUSH
SERVED ALL
DAY**

**CROISSANT
& HOT DRINK
£6.95**

Park Life Burger (729kcal)	£7.50
¼lb Beef patty, melted cheese, Park Life™ relish, red onion, crisp lettuce, served in a brioche bun	
Southern-style Spiced Chicken Burger (761kcal)	£7.95
Southern fried chicken strips with a garlic aioli infused asian slaw, crisp lettuce, served in a brioche bun	
Kickin' Katsu Burger (VE) (356kcal)	£7.95
Plant-based tenders, crisp lettuce, fresh coriander drizzled in a rich katsu sauce, served in a vegan brioche bun	
Tikka Onion Bhaji Naan Bread (V) (627kcal)	£7.25
Sourdough naan bread filled with crispy onion bhaji, tikka sauce, crispy onions, mango chutney and baby spinach	
Baked Jacket Potato Served with a Homemade Slaw	
Tuna and Red Onion (949kcal) £7.25	
Grated Cheese (930kcal) £6.75 Baked Beans (VE) (778kcal) £6.25	

OUR ULTIMATE TOASTIES (SERVED WITH A SIDE SALAD WHEN DINING IN +124KCAL)

The Ultimate Cheese Melt (V) (452kcal)	£5.75
Toasted white bloomer with a blend of three cheeses	
Tuna and Red Onion Melt (502kcal)	£5.95
Toasted white bloomer with melted cheese, tuna mayonnaise and red onion	
Ham and Cheese (409kcal)	£5.95
Toasted white bloomer with sliced ham and melted mozzarella	
Pizza Pepperoni Toastie (496kcal)	£6.95
Toasted white bloomer, melted mozzarella, sliced pepperoni and pizza sauce	

BAGELS

Avocado, Cucumber, Houmous and Sriracha (VE) (500kcal)	£6.25
Smoked Salmon and Avocado (385kcal)	£7.25
Park Life Deli Beef (412kcal)	£7.25



PLEASE LET US KNOW OF ANY ALLERGENS AND/OR INTOLERANCES
 DISHES MAY BE COOKED IN EQUIPMENT THAT HAS BEEN EXPOSED TO OTHER ALLERGENS, PLEASE ASK FOR MORE INFORMATION
 V = Vegetarian, VE = Vegan, VEOA = Vegan Option Available